



Allergen Information

The information provided in this document is based on standard product formulations and information provided by our suppliers. Please note that normal kitchen operations may involve shared equipment (e.g., oven, beverage machines, toaster, panini press), shared cooking and preparation areas and utensils, and the possibility exists that your food items may come in contact with other food products, including other allergens. Although we take precautions, we cannot guarantee that cross-contact of allergens will not occur, and we do not assume responsibility for a person's sensitivity or allergy to any food item provided in our restaurants.

Test, Limited Time Only and certain regional offerings may not be listed within this document. Information is applicable to products served in Canadian restaurants and may be subject to change at any time. We encourage anyone with food sensitivities, allergies, or special dietary needs to check www.TimHortons.ca on a regular basis to obtain the most up-to-date information before ordering.

This document reflects information for our products as of June 2025.

x = Contains | o = May Contain

Menu Item	Wheat & Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish & Shellfish	Sesame	Mustard	Sulphites
Coffee, Tea & Other Hot Beverages										
Brewed Coffee										
Original Blend Coffee										
Dark Roast Coffee										
Decaf Coffee										
Regular Coffee		x								
Double Double Coffee		x								
Espresso Beverages										
Cappuccino	o	x				o				
Latte	o	x				o				
Specialty Beverages										
Coffee Mocha		x								
French Vanilla		x		x						
Hot Chocolate		x								
White Hot Chocolate		x								
Tea & Tea Lattes										
Bagged Tea										
Steeped Tea										
London Fog	o	x				o				
Cold Beverages										
Iced Coffee & Cold Brew										
Original Iced Coffee		x								
Light Iced Coffee		x								
Original Cold Brew		x								
Vanilla Cream Cold Brew		x								
Roasted Hazelnut Cold Brew		x		x						

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Menu Item	Wheat & Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish & Shellfish	Sesame	Mustard	Sulphites
Iced Espresso Beverages										
Original Iced Latte	o	x				o				
Unsweetened Iced Latte	o	x				o				
Iced Capps										
Original Iced Capp	o	x				o				
Light Iced Capp	o	x				o				
Mocha Iced Capp	o	x				o				
Vanilla Iced Capp	o	x				o				
Caramel Iced Capp	o	x				o				
Creamy Chills										
Chocolate Creamy Chill	o	x				o				
Vanilla Creamy Chill	o	x				o				
Strawberry Creamy Chill	o	x				o				
Lemonades										
Frozen Lemonade	o	o		o		o				o
Strawberry Frozen Lemonade	o	o		o		o				o
Classic Lemonade										
Sparkling Quenchers										
Blackberry Yuzu Quencher										
Orange Tangerine Quencher										
Peach Quencher										
Pineapple Dragon Fruit Quencher										
Strawberry Watermelon Quencher										
Lemonade Quenchers										
Blackberry Yuzu Quencher										
Orange Tangerine Quencher										
Peach Quencher										
Pineapple Dragon Fruit Quencher										

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Menu Item	Wheat & Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish & Shellfish	Sesame	Mustard	Sulphites
Strawberry Watermelon Quencher										
Frozen Quenchers										
Blackberry Yuzu Quencher		x								
Orange Tangerine Quencher		x								
Peach Quencher		x								
Pineapple Dragon Fruit Quencher		x								
Strawberry Watermelon Quencher		x								
Cold Beverages - Limited Time Only										
Toasted Marshmallow Cold Brew		x		x						
Brown Sugar Iced Latte	o	x		o		o			o	o
Double Stuf OREO® Iced Capp	x	x		x		o				
Mocha OREO® Iced Capp	x	x		x		o				
Beverage Additions										
Whipped Topping		x								
Espresso Cold Foam		x		x						
Cane Sugar Syrup										
Mocha Syrup										
Vanilla Syrup										
Roasted Hazelnut Flavoured Syrup										
Caramel Toffee Syrup										
Toasted Marshmallow Syrup										
Brown Sugar Syrup	o	o		o					o	o
Donuts										
Apple Fritter Donut	x	x	o	o		o				o
Boston Cream Donut	x	x	o	o		o				x
Canadian Maple Donut	x	x	o	o		o				o

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Menu Item	Wheat & Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish & Shellfish	Sesame	Mustard	Sulphites
Chocolate Cruller Donut	x	x	x	o		o				x
Chocolate Dip Donut	x	x	o	o		o				x
Chocolate Éclair Donut	x	x	o	x		o				x
Chocolate Glazed Donut	x	x	x	x		o				o
Chocolate Marble Donut	x	x	x	x		o				x
Chocolate Snow Donut	x	x	x	x		o				o
Chocolate Toasted Coconut Donut	x	x	x	x		o				o
Coconut Cream Donut	x	x	o	o		o				o
Double Chocolate Donut	x	x	x	x		o				x
Honey Cruller Donut	x	x	x	o		o				o
Honey Dip Donut	x	x	o	o		o				o
Long John Donut	x	x	o	o		o				x
Maple Cruller Donut	x	x	x	o		o				o
Maple Dip Donut	x	x	o	o		o				o
Maple Éclair Donut	x	x	o	x		o				o
Maple Swirl Donut	x	x	o	o		o				o
Old Fashioned Dip Donut	x	x	x	x		o				x
Old Fashioned Glazed Donut	x	x	x	x		o				o
Old Fashioned Plain Donut	x	x	x	x		o				o
Old Fashioned Snow Donut	x	x	x	x		o				o
Old Fashioned Sugar Donut	x	x	x	x		o				o
Powdered Venetian Cream Donut	x	x	o	o		o				o
Sour Cream Glazed Donut	x	x	x	x		o				o
Sour Cream Plain Donut	x	x	x	x		o				o
Sour Cream Sugar Donut	x	x	x	x		o				o
Strawberry Dip Donut	x	x	o	o		o				o
Strawberry Filled Donut	x	x	o	o		o				o
Strawberry Swirl Donut	x	x	o	o		o				o

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Menu Item	Wheat & Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish & Shellfish	Sesame	Mustard	Sulphites
Strawberry Vanilla Donut	x	x	o	o		o				o
Sugar Loop Donut	x	x	o	o		o				o
Toasted Coconut Donut	x	x	x	x		o				o
Vanilla Dip Donut	x	x	o	o		o				o
Donuts - Limited Time Only										
Chocolate Marshmallow Filled Ring Donut	x	x	o	o		o				x
Timbits®										
Birthday Cake Timbit	x	x	x	x		o				o
Chocolate Glazed Timbit	x	x	x	x		o				o
Chocolate Snow Ball Timbit	x	x	x	x		o				o
Chocolate Toasted Coconut Timbit	x	x	x	x		o				o
Honey Dip Timbit	x	x	o	o		o				o
Old Fashioned Glazed Timbit	x	x	x	x		o				o
Old Fashioned Plain Timbit	x	x	x	x		o				o
Old Fashioned Sugar Timbit	x	x	x	x		o				o
Snow Ball Timbit	x	x	x	x		o				o
Sour Cream Glazed Timbit	x	x	x	x		o				o
Sour Cream Plain Timbit	x	x	x	x		o				o
Sour Cream Sugar Timbit	x	x	x	x		o				o
Strawberry Timbit	x	x	o	o		o				o
Toasted Coconut Timbit	x	x	x	x		o				o
Venetian Cream Timbit	x	x	o	o		o				o
Timbits - Limited Time Only										
Blueberry Cheesecake Filled Timbit	x	x	o	o		o				o
Powdered Strawberry Filled Timbit	x	x	o	o		o				o

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Menu Item	Wheat & Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish & Shellfish	Sesame	Mustard	Sulphites
Baked Goods										
Muffins										
Chocolate Chip Muffin	x	x	x	x		o				
Fruit Explosion Muffin	x	x	x	o		o				
Wild Blueberry Muffin	x	x	x	o		o				
Raisin Bran Muffin	x	x	x	o		o				
Carrot Cake Walnut Muffin	x	x	x	x		x				
Banana Pecan Muffin	x	x	x	o		x				
Lemon Poppyseed Muffin	x	x	x	o		o				
Cookies & Brownies										
Chocolate Chunk Cookie	x	x	x	x	o	o				
OREO® Chunk Cookie	x	x	x	x	o	o				
Caramel Chocolate Cookie	x	x	x	x	o	o				
Reese's Minis Dream Cookie	x	x	x	x	x	o				
Dream Cookie made with M&M Minis	x	x	x	x	o	o				
Chocolate Chunk Brookie	x	x	x	x	o	o				
Double Chocolate Brownie	x	x	x	x	o	o				
Croissants										
Plain Croissant	x	x	o	x		o		o		o
Cheese Croissant	x	x	o	x		o		o		o
Chocolate Croissant	x	x	o	x		o		o		o
Tea Biscuits										
Cheese Tea Biscuit	x	x	o	o						o
Raisin Tea Biscuit	x	x	o	o						o
Savoury Pastries										
Herb & Garlic Savoury Pastry	x	x	x	x						
Four Cheese Twist	x	x		x						o

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Menu Item	Wheat & Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish & Shellfish	Sesame	Mustard	Sulphites
Roasted Red Pepper & Swiss Pinwheel	x	x	x	x						
Spinach & Feta Egg Pastry	x	x	x	x						
Classic Bagels										
Plain Bagel	x	o	o	o		o		o		o
Sesame Seed Bagel	x	o	o	o		o		x		o
Everything Bagel	x	o	o	o		o		x		o
12-Grain Bagel	x	o	o	o		o		x		o
Cinnamon Raisin Bagel	x	o	o	o		o		o		o
Blueberry Bagel	x	o	o	o		o		o		o
Specialty Bagels										
Four Cheese Bagel	x	x	o					o		o
Jalapeno Asiago Mozzarella Bagel	x	x	o					o		o
Bagel Toppings										
Plain Cream Cheese		x								
Herb & Garlic Cream Cheese		x								
Strawberry Cream Cheese		x								
Butter		x								
Strawberry Jam Packet										
Raspberry Jam Packet										
Peanut Butter					x					
Breakfast										
Classic Breakfast Sandwiches										
Sausage Homestyle Biscuit Sandwich	x	x	x	x						o
Bacon Homestyle Biscuit Sandwich	x	x	x	x						o
Egg & Cheese Homestyle Biscuit Sandwich	x	x	x	x						o
Steak & Egg Homestyle Biscuit Sandwich	x	x	x	x					x	o
Simply Sausage Homestyle Biscuit Sandwich	x	x		x						o

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Menu Item	Wheat & Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish & Shellfish	Sesame	Mustard	Sulphites
Sausage English Muffin Sandwich	x	x	x	x						
Bacon English Muffin Sandwich	x	x	x	x						
Egg & Cheese English Muffin Sandwich	x	x	x	x						
Bagel Breakfast Sandwiches										
Sausage Plain Bagel Sandwich	x	x	x	x		o		x		o
Bacon Plain Bagel Sandwich	x	x	x	x		o		x		o
Sausage Sesame Seed Bagel Sandwich	x	x	x	x		o		x		o
Bacon Sesame Seed Bagel Sandwich	x	x	x	x		o		x		o
Sausage Everything Bagel Sandwich	x	x	x	x		o		x		o
Bacon Everything Bagel Sandwich	x	x	x	x		o		x		o
Sausage 12-Grain Bagel Sandwich	x	x	x	x		o		x		o
Bacon 12-Grain Bagel Sandwich	x	x	x	x		o		x		o
Bagel BELT Breakfast Sandwiches										
Plain Bagel BELT Sandwich	x	x	x	x		o		x		o
Sesame Seed Bagel BELT Sandwich	x	x	x	x		o		x		o
Everything Bagel BELT Sandwich	x	x	x	x		o		x		o
12-Grain Bagel BELT Sandwich	x	x	x	x		o		x		o
Breakfast Wraps										
Sausage Breakfast Wrap	x	x	x	x						
Bacon Breakfast Wrap	x	x	x	x						
Sausage & Bacon Breakfast Wrap	x	x	x	x						
Sausage Farmer's Wrap	x	x	x	x						
Bacon Farmer's Wrap	x	x	x	x						
Sausage & Bacon Farmer's Wrap	x	x	x	x						
Omelette Bites										
Bacon & Cheese Omelette Bites		x	x	x						
Spinach & Egg White Omelette Bites		x	x	x						
Four Cheese Omelette Bites		x	x	x						

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Menu Item	Wheat & Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish & Shellfish	Sesame	Mustard	Sulphites
Other										
Hash Brown										
Yogurt Parfait	o	x		o		x				x
Breakfast - Limited Time Only										
Sausage Scrambled Egg Loaded Wrap	x	x	x	x						
Bacon Scrambled Egg Loaded Wrap	x	x	x	x						
Scrambled Egg & Cheese Loaded Wrap	x	x	x	x						
Sausage Scrambled Egg Loaded Box		x	x	x						
Bacon Scrambled Egg Loaded Box		x	x	x						
Scrambled Egg Loaded Box		x	x	x						
Lunch										
Sandwiches										
Turkey Bacon Club Sandwich	x	o	x	o		o		o	x	x
BLT Sandwich	x	o	x	o		o		o	x	
Ham & Cheddar Sandwich	x	x	x	o		o		o	x	
Steak & Cheddar Sandwich	x	x	x	o		o		o	x	
Supreme Stack Sandwich	x	x	x	x		o		o	x	
Crispy Chicken Craveable	x	x	x	o		o		o	x	
Steak Craveable	x	x	x	o		o		o	x	
Wraps										
Chicken Bacon Ranch Wrap	x	x	x	x						
Crispy Chicken Bacon Ranch Wrap	x	x	x	x						
Classic Chicken Wrap	x		x						x	
Classic Crispy Chicken Wrap	x	x	x	o					x	
Loaded Wraps										
Cilantro Lime Chicken Loaded Wrap	x	x	x	x						
Cilantro Lime Crispy Chicken Loaded Wrap	x	x	x	x						

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Menu Item	Wheat & Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish & Shellfish	Sesame	Mustard	Sulphites
Cilantro Lime Veggie Loaded Wrap	x	x	x	x						
Habanero Chicken Loaded Wrap	x	x	x	x						
Habanero Crispy Chicken Loaded Wrap	x	x	x	x						
Habanero Veggie Loaded Wrap	x	x	x	x						
Loaded Bowls										
Cilantro Lime Chicken Loaded Bowl	x	x	x	x						
Cilantro Lime Crispy Chicken Loaded Bowl	x	x	x	x						
Cilantro Lime Veggie Loaded Bowl	x	x	x	x						
Habanero Chicken Loaded Bowl	x	x	x	x						
Habanero Crispy Chicken Loaded Bowl	x	x	x	x						
Habanero Veggie Loaded Bowl	x	x	x	x						
Flatbread Pizzas										
Simply Cheese Flatbread Pizza	x	x		o				o		
Pepperoni Flatbread Pizza	x	x		o				o		
Chicken Parmesan Flatbread Pizza	x	x		o				o		
Bacon Everything Flatbread Pizza	x	x		o				x		
Hat Trick Flatbread Pizza	x	x		o				o		
Melts										
Grilled Cheese Melt	x	x		x				x		
Bacon Grilled Cheese Melt	x	x		x				x		
Turkey Melt	x	x	x	x				x	x	x
Ham Melt	x	x	x	x				x	x	
Soups & Chili										
Chicken Noodle Soup	x	x	x	o						
Cream of Broccoli Soup		x		x					x	
Garden Minestrone Soup	x	x	x							
Tomato Parmesan Soup		x								
Spicy Thai Soup	x	x		x			x			

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Menu Item	Wheat & Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish & Shellfish	Sesame	Mustard	Sulphites
Potato Bacon Chowder		x		o						
Clam Chowder	x	x					x			
Beef Chili				x						
Sides										
Potato Wedges	x									
Soup Bun	x	o	o	o		o		o		
Garlic Bread	x	x	o	o		o		o		
Sauces										
Mayonnaise			x						x	
Buttermilk Ranch Sauce		x	x	x						
Chipotle Sauce		x	x	x						
Creamy BBQ Sauce			x						x	
Creamy Peppercorn Sauce			x						x	
Spicy Habanero Sauce			x	x						
Cilantro Lime Sauce		x	x	x						
Garlic Oil Sauce		x								
Marinara Sauce										